

West Virginia University Student Government Association Student Assembly Meeting Media Innovation Center, Evansdale Crossing, 7:30 PM March 1st, 2023 2022-2023 Hernandez-Uqaily Administration

I. Call to Order

The meeting was called to order by President Pro Tempore Khan at 7:34pm.

II. Reading of the SGA Mission Statement

The SGA Mission Statement was read by President Pro Tempore Khan.

III. Roll Call

Roll was called by Executive Secretary Donate

President Pro Tempore Khan- Present Senator Amores- Present College Senator Azinger- Present College Senator Blair- Present College Senator Cahill- Present Senator Chennuru- Present College Senator Clark- Present Senator Conner- Present College Senator Donner-Absent College Senator Dozier- Present College Senator Dysart- Present College Senator Escue-Absent College Senator Griffith- Excused College Senator Guschel- Absent College Senator Hudson- Present College Senator Irfan-Absent Senator Jones- Present College Senator Madden- Excused



College Senator Marquart-Absent College Senator McMillen- Present College Senator Milam- Excused Senator Miller- Present College Senator Mitchell- Excused College Senator Moore- Present College Senator Neiswonger- Present College Senator Oursler- Present College Senator Patel- Present College Senator Phillips- Present Senator Price-Present College Senator Risk- Present Senator SantMyer- Present College Senator Schwartzmiller- Excused College Senator Tabidze- Present Senator Uqaily- Absent Senator Volk- Present Senator Whalen-Present College Senator Wooten- Excused College Senator Zoglio- Present

IV. Reading and Approval of the Agenda

The motion to approve the agenda was entertained by Senator Price. The motion to approve the agenda was seconded by College Senator Oursler. The ayes have it, and the agenda was approved.

V. Reading and Approval of the Minutes

The motion to approve the minutes was entertained by Senator Price. The motion to approve the minutes was seconded by College Senator Tabidze. The ayes have it, and the minutes were approved.



VI. Presentation from Walk with a Future Doc at WVU SOM

Michael Sutton: Michael Sutton is a second year med student at WVU, here representing the WVU chapter of Walk with a Future Doc. He would like to thank you all for giving him the opportunity to present today. This organization is offering an excellent shadowing and networking opportunity for pre med and pre health undergrads as a whole.

The parent organization, Walk with a Doc, was founded in 2005 by a cardiologist in Columbus, Ohio, who wanted to do more for his patients and started to invite them to walk with him on Saturday mornings. Over time, his organization grew and other chapters started to form. Today, there's over 500 Walk with a Doc chapters around the world, some of them being Walk with a Future Doc, as WVU's chapter is. Those are the ones that are run by medical students at medical schools. The purpose of the program is the same as the parent organization. It aims to promote healthy, active lifestyles, and give the audience education on health. The organization holds wellness walks, and in every walk there is a speaker and a topic. What every topic has in common is that it aims to provide the audience with practical recommendations that they can use to improve their health.

The org also hopes to become more fulfilled in Morgantown and WVU communities, and especially for the undergraduates, to provide a place for students at WVU to network with peers, medical students, physicians, and other healthcare professionals. The walks are from 10 to 11 am on the first and third Saturdays of each month at the Rail Trail in Star City.

In the first walk this calendar year, they had a doc come in and talk about diet, and some medical students volunteered to bring healthy food. The three second year medical students pretty much run everything and do all the heavy lifting for the organization. There's three fourth year medical students who founded the organization a few years ago. There are also two physicians that serve as faculty advisors.

The location of the walks is in Star City, right next to the Mon River on the Rail Trail. The gazebo is where the walks start.

A sampling of some past events. They had a dietitian talk about eating healthy on a budget. They had an internal medicine physician with a specialization in women's health talk about weight management across the woman's lifespan. They had a cancer researcher talk about the lifestyle factors that are involved in cancer. The walk they just had was on rural health disparities and their effect on weight. They also had Dave Donnelly give a talk last year about the difference between exercise and movement. It's a really great diversity of both topics and speakers. You can also see on all the flyers that it says walk in person or walk via zoom. All of the walks are live streamed via zoom for anyone who can't attend in person. People attending via zoom can still ask the speaker questions. An event that was held last year and was probably the highlight of the year was when Dr. Haggerty came in and talked about healthy ideas for school lunch. People brought their kids and there were fun stations.

Wanted to spread the word about the event that's upcoming. It is really specially geared towards pre med students. The speakers are the three fourth year medical students who founded the organization a few years ago, and they'll be talking about some reflections after going through four years of medical school, as they'll be graduating in a few months. This would be a great event for anyone who's interested in going to medical school or even considering it, as you'll hear a lot about what med school is like. They'll talk about some of the things that they're looking forward to in finally becoming physicians and some of the challenges they expect to encounter. There's also going to be other medical students are the single largest group of people that attend. If there are any pre-meds who want to meet and network with them, this is a great way to do it. Or if you just want some advice on applying to medical schools, they'd be happy to provide that as well. They're very friendly towards that and know how difficult the process is, and it certainly isn't getting any easier.

Any outreach with this walk would have to be done in the next couple of days because it is this Saturday, March 4 at 10am. After this, there will be two more walks this semester: one on the 18th of March and one on the 15th of April. The main draw factor for undergrads is that starting with this Saturday's walk on March 4, they are going to be starting to offer shadowing credits to all undergraduates who attend. It'll be half an hour of shadowing credit for attending a walk. The walks are about an hour long, 10am to 11am. This is a plan that has already been endorsed by the School of Medicine and the admissions office. Communicated with Dr. Neill, the head of admissions. She knows about the organization and decided that offering half an hour og shadowing was a good idea because it certainly isn't the traditional type of shadowing. You're not going to a place of work and seeing interactions directly with patients, but you have the opportunity to interact with people on both a professional and personal level, and hear very extensively throughout the hour, exactly what they do in clinic, how



they talk to patients, and what kind of advice they're giving to patients. It still is a very valuable experience, even if it's not the traditional type of shadowing. Have about 15 walks a year for now. If someone was to attend every walk for a year, it would accumulate to about seven or eight shadowing hours, which isn't a huge sum, but shadowing hours are very elusive and difficult to come by. Offering half an hour experience would be a very good draw factor for undergraduates who need that experience.

The greater shadowing resource offered is the opportunity to meet and network with physicians and a lot of other health care professionals. Michael was a pre med student only a few years ago, and he remembers how difficult it was. The thing he thinks was the most difficult was finding shadowing experience. It's great if one of your parents is a physician or if you happen to know a lot of physicians, but unfortunately, he didn't fall into either of those categories. There's a lot of pre meds at this school who fall into the same boat that Michael was in. He's hoping that the club could be an equalizer of sorts for people who don't have those sorts of connections with physicians. They can come to the walks, and if a physician is giving the talk they can ask about shadowing. They volunteered their time to speak on Saturday mornings at 10am, rain or shine, so they'd probably be pretty receptive to any shadowing requests. You'd also get to meet a lot of medical students. Even though you can't shadow them, they do know a lot of physicians. For undergrads who are wanting to expand their network, it's difficult because HSC is so spatially isolated from a lot of the undergraduate campus, but this is a good way to break in and start meeting with people that you need to meet in order to get clinical experience.

If you want to scan the QR code, you subscribe to the newsletter and get all the information about the upcoming walks. A flier is sent out at the beginning of each week, to let you know who the speaker and topic is. You can also follow them on Facebook, and they have some YouTube recordings of past walks. Any outreach for the upcoming event this Saturday, especially geared towards pre-meds, would have to be done in the next couple of days. Michael tried reaching out to some of the pre med organizations himself, but when you cold email someone they usually don't reply. Hoping that some of you will have those connections and will be able to help him get in contact with those pre med organizations. In return, what the club is offering is a really great opportunity for both shadowing and networking for pre med and other pre health students, not just for this walk, but for all the walks in the future.

Gallery: What's a cool conversation that you have had on a walk?



Michael Sutton: It's funny; the talk that was just had was about rural health disparities. The question that Michael asked the presenter was if someone's in a rural community, and the nearest Walmart is an hour away, what do they do for protein? Protein is a really vital nutrient; fat and carbohydrates are plentiful. She said the best sources of protein would be your plant sources. Beans primarily, and there's also canned beans, because if you're from a small town, the closest thing you might have would be a Dollar General, for example. That was an interesting conversation that really puts a lot of things in perspective for Michael, as someone who didn't grow up in an isolated area. This is the purpose of the club. They have all sorts of these interesting conversations with a variety of topics. If someone attends all of the walks, they can accumulate a really good perspective.

VII. Presentation from the Chair of Board of Directors of the Hope Hill Sobering Center

Chair of Board of Directors: The Hope Hill Sobering Center was opened in September of this year. What they do is mainly dedicated towards college students. If they are out drinking, having a good time with their buddies, run into the law, and are told that they can get a public intox ticket or come to the center and spend the night there, the center will house them for the night. They have an understanding with the police that if you guys come, they say you completed it, and your ticket goes away. Coming from someone who has an underage consumption ticket, at 36 years old, it is still following her around. Want to help the college students not have those problems when they get older and get into their careers.

The benefit of the center is that they can keep an eye on you to prevent students that choke on their vomit at night when they pass out. Actually had to save one not too long ago. And to make sure you guys are safe and nothing bad happens to you. A lot of times when students are out about drinking and doing their own thing, there is the risk of sexual abuse, car accidents, and things of that nature. The center makes sure you're safe for the night.

Anyone can bring you. You can get brought in by law enforcement, EMS, or even a friend that doesn't want to take you home because you're really drunk. The center will take you, check your vitals, and put you to bed. Will keep you a minimum of four hours, and if you're sober enough, you're allowed to leave after that. There is a free bus that comes every half hour, starting at 7:15 in the morning. It's free and it can get you back to wherever you need to go. Or you can call an Uber because usually if you're awake, you're conscious enough to use your phone or you will not be able to leave.



VIII. Open Student Forum

IX. The President's Report

President Hernandez: Had a busy few days at Big XII on the Hill in Washington, DC. President Hernandez, Vice President Uqaily, and the legislative affairs officers met with the representative Alex Mooney, Senator Capito, and Senator Manchin's legislative aides. There were a lot of productive conversations, and Legislative Affairs Officer Riffey has already followed up, so shout-out to him. Will be a more formal report in the Drive, so be on the lookout for that. President Hernandez will also be scheduling some meetings.

"There are no secrets to success. It is a result of preparation, hard work, and learning from failure." -Colin Powell

X. Old Business

XI. New Business

A. Student Organization Registrations 1. WVU DPT Class of 2025

- *Ian*: WVU Doctrine of Physical Therapy Class of 2025 is a class of thirty-two student physical therapists. They currently have six officers and are all under a faculty advisor who is a practicing physical therapist.
- *Angela*: Their main goals are to fundraise for the graduation requirement of attending the American Physical Therapy Association's National Conference, as well as a State Conference. Their hope is to help cover the cost of the plane tickets, entry fees, and hotel rooms. They've already started fundraising, but in order to do that, they need a bank account, which is why they're here today. They are also trying to create opportunities for members to complete required community service hours for graduation.
- *Ian:* They have already done a few fundraisers. They partnered up with Buffalo Wild Wings and for a day got half the proceeds, as long as people showed the flier, similar to things that other organizations have done with Chiptole. They have cleaned up the Coliseum for money. They sold t-shirts and blankets. Moving forward, they are looking to do other fundraisers and community service



opportunities. The next two are a March Madness fundraiser and a spring formal, which is coming up toward the end of the month. They are also going to do clothing orders, a golf outing, and a volunteer opportunity.

- *Angela*: The org's uniqueness is that they are program specific and inclusive to the class of 2025. They are in the Department of Physical Therapy within the School of Medicine, and they are the first-year class.
- *Senator Price:* How much interest have you had in the organization so far? How many people expressed interest in joining?
- *Ian:* It's actually an exclusive cohort based thing. Basically everybody in the class are the ones that are going to be in the organization.

a. Discussion

- *Senator Price:* Physical therapy is of course an incredibly important field to many people. Senator Price thinks this organization to give the students who are in the Department of Physical Therapy for the class of 20225 is a good opportunity for them. In general, Senator Price supports this organization and thinks he speaks for all of his colleagues in moving to end discussion.
- Senator Price moved to end discussion via rising vote.
- The motion to end discussion was seconded by College Senator Oursler.
- Those in favor have it. Discussion was ended.

b. Voting

- President Pro Tempore Khan entertained a motion to approve WVU DPT Class of 2025.
- Senator Price moved to approve WVU DPT Class of 2025 via unanimous consent.
- The motion to approve WVU DPT Class of 2025 was seconded by Senator Volk.
- There were no objections, and WVU DPT Class of 2025 was approved.

B. AR-2023-01-05

College Senator Hudson: An assembly resolution to recognize National Eating Disorders Awareness Week and seek further collaboration with university administration to help students.

The resolution was read. See appendix

- College Senator Hudson moved to amend the mandates of AR-2023-01-05 to add James Kosik and separate his title from President Hernandez's via voice vote.
- The motion to amend the mandates of AR-2023-01-05 to add James Kosik and separate his title from President Hernandez's was seconded by Senator Price.
- The ayes have it. The amendment was adopted.



- College Senator Oursler moved to amend the second "whereas" statement of AR-2023-01-05 to strike the second "week" via voice vote.
- The motion to amend the second "whereas" statement of AR-2023-01-05 to strike the second "week" was seconded by Senator Santmyer.
- The ayes have it. The amendment was adopted.

a. Discussion and Voting

- College Senator Hudson moved to dispense of the second reading and take the resolution up for immediate consideration via voice vote.
- The motion to dispense of the second reading and take the resolution up for immediate consideration was seconded by Senator Volk.
- The ayes have it. AR-2023-01-05 was taken up for immediate consideration.
- President Pro Tempore Khan entertained a motion to approve AR-2023-01-05.
- College Senator Patel moved to approve AR-2023-01-05 via voice vote.
- The motion to approve AR-2023-01-05 was seconded by College Senator Dysart.
- The ayes have it. AR-2023-01-05 passed.

XII. Advisors' Reports

XIII. Adjournment

The motion to adjourn was entertained by College Senator Hudson.

The motion to adjourn was seconded by College Senator Dozier.

The nays have it. The motion to adjourn failed.

The motion to adjourn was entertained by Senator Santmyer.

The motion to adjourn was seconded by College Senator Dysart.

The ayes have it. The meeting adjourned.



West Virginia University The Student Assembly - Student Government Association Assembly Resolution: AR-2023-01-05

AN ASSEMBLY RESOLUTION TO RECOGNIZE NATIONAL EATING DISORDERS AWARENESS WEEK AND SEEK FURTHER COLLABORATION WITH UNIVERSITY ADMINISTRATION TO HELP STUDENTS

Short Title:	National Eating Disorder Awareness Week
Author(s):	Matthew Hudson, College Senator (Health Sciences) Devin Price, Senator
Sponsor(s):	Lauren Dysart, College Senator (Health Sciences) Alisha Griffith, College Senator (Eberly) Quinn Wooten, College Senator (Eberly) Brooklyn Milam, College Senator (Health Sciences) Lauren Marquart, College Senator (CEHS) CJ Miller, Senator
Contributor(s):	Olivia Schmieder, Intern Kate Belford, Intern Sophia Flower, Chief of Staff of Internal Affairs Chloe Hernandez, President Pareera Uqaily, Vice President
Committee Endorsement:	Student Experience Committee
First Reading Date:	03/01/2023
Second Reading	N/A
Date: Date of	03/01/2023
Approval:	



Presidential Signature:

Whereas, the Student Government Association at West Virginia University's vision statement reads, "To be a Student Government Association that serves the students, West Virginia University, and the State of West Virginia by..." ...foster[ing] healthy lifestyles..."; and,

Whereas, National Eating Disorders Awareness Week is recognized from February 27th through March 5th; and,

Whereas, NEDA is an opportunity to "center on lived experiences and eating disorder education, which are the essential catalysts for awareness and change"¹; and,

Whereas, "Eating Disorders have the highest mortality of any mental illness..."²; and,

Whereas, between 10-20% of female college students and 4-10% of male college students have a diagnosed eating disorder³; and,

Whereas, a campus dietitian is a useful resource for students on college campuses that can provide not only disordered eating counseling, body image counseling and intuitive eating counseling but even counseling relating to activity and sport nutrition, everyday nutrition and gut health nutrition⁴; and,

Whereas, currently, West Virginia University (WVU) does not have a campus dietician, but is making efforts to fill the position; and,

Therefore, be it resolved by the Student Assembly of West Virginia University:

Section 1: recognizes National Eating Disorder Awareness Week as February 27-March 5, 2023

Section 2: directs students toward Collegiate Recovery and the Carruth Center as valuable resources on campus



¹ https://www.nationaleatingdisorders.org/eatingdisordersawarenessweek

² https://www.state.sc.us/dmh/anorexia/statistics.htm

³ https://www.nationaleatingdisorders.org/CollegiateSurveyProject

⁴ https://diningservices.wvu.edu/allergy-and-dietary-resources/dietician-services

Section 3: seeks to increase collaboration with University Administration to

improve resources available to students

Section 4: encourages the University to make the hiring of a campus dietitian a priority

Section 5: encourages the establishment of more campus wide events in order to focus on education regarding healthy eating habits for students.

Section 6: Upon passage and approval, this legislation shall be forwarded to:

Mandates:

G. Corey Farris, Dean of Students
Tim Provenski, General Manager (The Erikson Alumni Center) Michael Dahl, WVU Dining Services District Manager
Jamie Kosik, Facilities Management
Dr. Thanh Le, Director, Student Engagement and Leadership (Advisor) Chloe Hernandez, Student Body President
Morgan Donate, SGA Secretary
Sean Manning, News and Information Manager
Daily Athenaeum
T. Anne Hawkins, Director of Carruth Center
Olivia Pape, Director of Collegiate Recovery